

Government of India  
Ministry of Youth Affairs & Sports  
Administration Section  
\*\*\*\*\*

Shastri Bhawan, New Delhi  
Dated: 06.03.2020

OFFICE MEMORANDUM

The undersigned is directed to circulate herewith the instructions along with leaflet received from the National Health Mission regarding the outbreak of Corona virus diseases (COVID-19) for wide dissemination at grass root level of dos and donts through your organization and to raise community awareness about the common signs and symptoms of this disease to prevent local transmission and further outbreak.

It is further requested to leverage the young volunteers from your respective channels to disseminate these instructions of Do's and Donts' at grass root level where they are actively engaged. Further, posters may be displayed at prominent places including offices and meeting places etc.

A speedy compliance of these instructions will be highly appreciated.



(S.K.Pandey)

Under Secretary to the Govt. of India  
Ph: 23386580

Copy to:

1. Director General(NYKS)
2. Director (NSS)
3. Director (RGNIYD)
4. Director General (SAI)
5. VC(LNIPE)
6. Director General (NADA)
7. CEO(NDTL)

Copy for information to

1. Sr. PPS to Secy (YA/Sports)/ PPS to JS(YA)/PPS to JS (Dev)/PS to JS (Sports)/PPS to FA
2. PS to MOS



**ARUN SINGHAL**

Special Secretary

Tel. : 011-23062857

Telefax : 011-23061447

E-mail : arun.singhal@nic.in



सत्यमेव जयते

भारत सरकार  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
निर्माण भवन, नई दिल्ली - 110011

Government of India  
Ministry of Health & Family Welfare  
Nirman Bhavan, New Delhi - 110011

D.O. No. U-12019/12/2020-SNA

Dated the 5 March, 2020

सचिव (स्वास्थ्य)  
एफ.टी.एस.नं. 99482  
दिनांक 6/3/20  
(एस)

Dear madam,

As you are aware the Novel CoronaVirus Disease (COVID-19) has now spread to more than 76 countries causing close to 93000 cases and more than 3200 deaths worldwide. The World Health Organization (WHO) on 30<sup>th</sup> January, 2020 declared this outbreak as a Public Health Emergency of International Concern (PHEIC). Though, WHO has not yet declared it to be a pandemic. it has advised countries to remain prepared for one.

Several confirmed cases have also been detected in India. Although, we are taking all steps necessary to prevent further importation of such cases and to also prevent local transmission of this disease in India, it will be prudent to raise community awareness about common signs and symptoms of this disease and advocate simple public health measures, the community may undertake to prevent infection.

Towards this end, this Ministry is in the process of disseminating pertinent information to the community through all channels of communication and from all possible vantage points. We have designed posters & Audio Video products towards this end, some of which are being sent along with this letter. Soft copies of these are available on Ministry's website (<https://mohfw.gov.in/node/4904>). You are requested to widely disseminate the same.

You are requested to leverage the young volunteers from Nehru Yuva Kendra to disseminate the Dos and Dont's of COVID-19 at grass root level where they are already actively engaged. Also, the poster may be displayed prominently at the NYK offices and meeting locations.

To pre-empt any further risk of spread of COVID-19, I urge you to personally monitor that mechanisms are in place for successful dissemination of these messages to the maximum number of people.

With regards,

Yours sincerely

*Singhal*  
573  
(Arun Singhal)

*P. circulate immediately.*  
*6/3*  
*26/03/2020*  
*Div (Adm)*  
*US (Adm)*  
*JS(YA)/DG, NYKS*

Ms. Upma Chawdhry

Secretary,

M/o Youth Affairs,

Roon No. 1, C-Wing, Shastri Bhawan, New Delhi-110001

Email: secy-ya@nic.in

*We need to sensitize everyone in this. Pl send suitable instruction to all the organisations of our Ministry.*



स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
भारत सरकार



Help us to  
help you

# नोवल कोरोनावायरस (COVID-19)



— खुद रहें सुरक्षित, दूसरों को रखें सुरक्षित —

## क्या करें और क्या ना करें

### क्या करें ✓



बार-बार हाथ धोएं। जब आपके हाथ स्पष्ट रूप से गंदे न हों, तब भी अपने हाथों को अल्कोहल - आधारित हैंड वॉश या साबुन और पानी से साफ करें



छींकते और खांसते समय, अपना मुंह व नाक टिशू/रूमाल से ढकें



प्रयोग के तुरंत बाद टिशू को किसी बंद डिब्बे में फेंक दें



अगर आपको बुखार, खांसी और सांस लेने में कठिनाई है तो डॉक्टर से संपर्क करें। डॉक्टर से मिलने के दौरान अपने मुंह और नाक को ढकने के लिए मास्क/कपड़े का प्रयोग करें



अगर आप में कोरोना वायरस के लक्षण हैं, तो कृपया राज्य हेल्पलाइन नंबर या स्वास्थ्य मंत्रालय की 24X7 हेल्पलाइन नंबर 011-23978046 पर कॉल करें



भीड़-भाड़ वाली जगहों पर जाने से बचें



यदि आपको खांसी और बुखार का अनुभव हो रहा हो, तो किसी के साथ संपर्क में ना आएं



अपनी आंख, नाक या मुंह को ना छूयें



### क्या न करें ✗

सार्वजनिक स्थानों पर ना धूकें

हम सब साथ मिलकर कोरोनावायरस से लड़ सकते हैं

## अधिक जानकारी के लिए

स्वास्थ्य एवं परिवार कल्याण मंत्रालय भारत सरकार के 24X7 हेल्पलाइन नं.

**+91-11-2397 8046** पर कॉल करें या

ई-मेल करें [ncov2019@gmail.com](mailto:ncov2019@gmail.com)